



GET A KIT ▶ MAKE A PLAN ▶ BE INFORMED



Make A Plan.

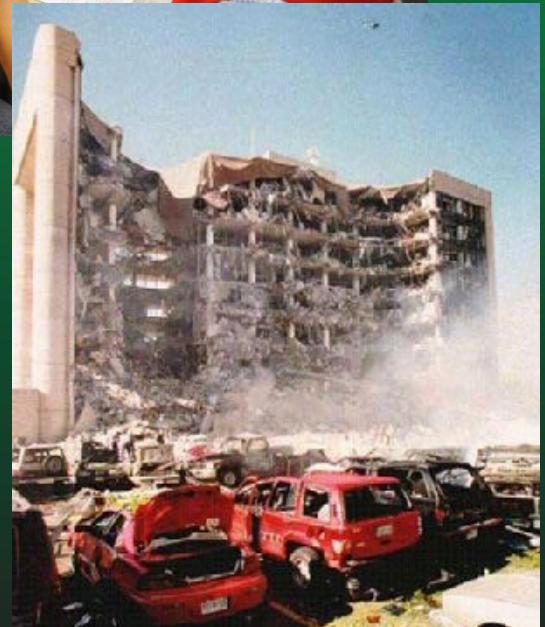
Rock Island Arsenal



IMCOM

SOLDIERS • FAMILIES • CIVILIANS

Emergencies happen.



You must be prepared.

Preparedness is everyone's responsibility. You are encouraged to take active steps to prepare for and respond to emergency situations.



Make a plan to help protect yourself, your Family, and fellow employees in your organization.

Make a plan.

- Discuss how you will respond to various types of emergencies at work and at home.
- Develop communications procedures for work and home.
- Practice at least twice a year



Red Cross Stock Photo
http://www.redcross.org/article/printer/0,1075,0_312_7056,00.html



Discuss your options.

- Stay put (shelter-in-place)
- Evacuate
 - shelters
 - safe havens



Sheltering.

Severe Weather



At work BECs and BMWs will verify that exit routes are safe and then release personnel.



Quad City Outdoor Warning Siren Guidelines

One Siren- One Meaning (Go inside seek shelter and information)

Repeated periodically throughout the threat

Tornadoes

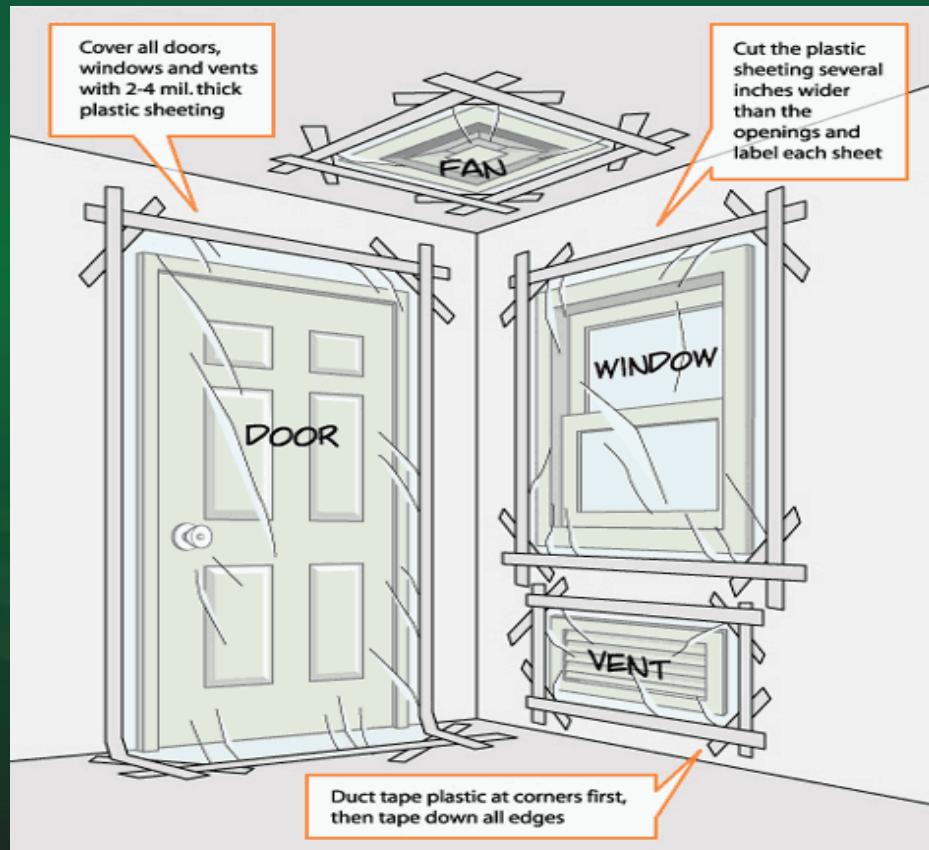
Severe Thunderstorms

Local Life-Threatening Events

At home you should verify that exit routes are safe and then evacuate your family if necessary.

Sheltering.

- Hazmat Release: Shelter-in-Place (SIP)



Do not leave the shelter until directed to do so by emergency response personnel.

Decontamination.

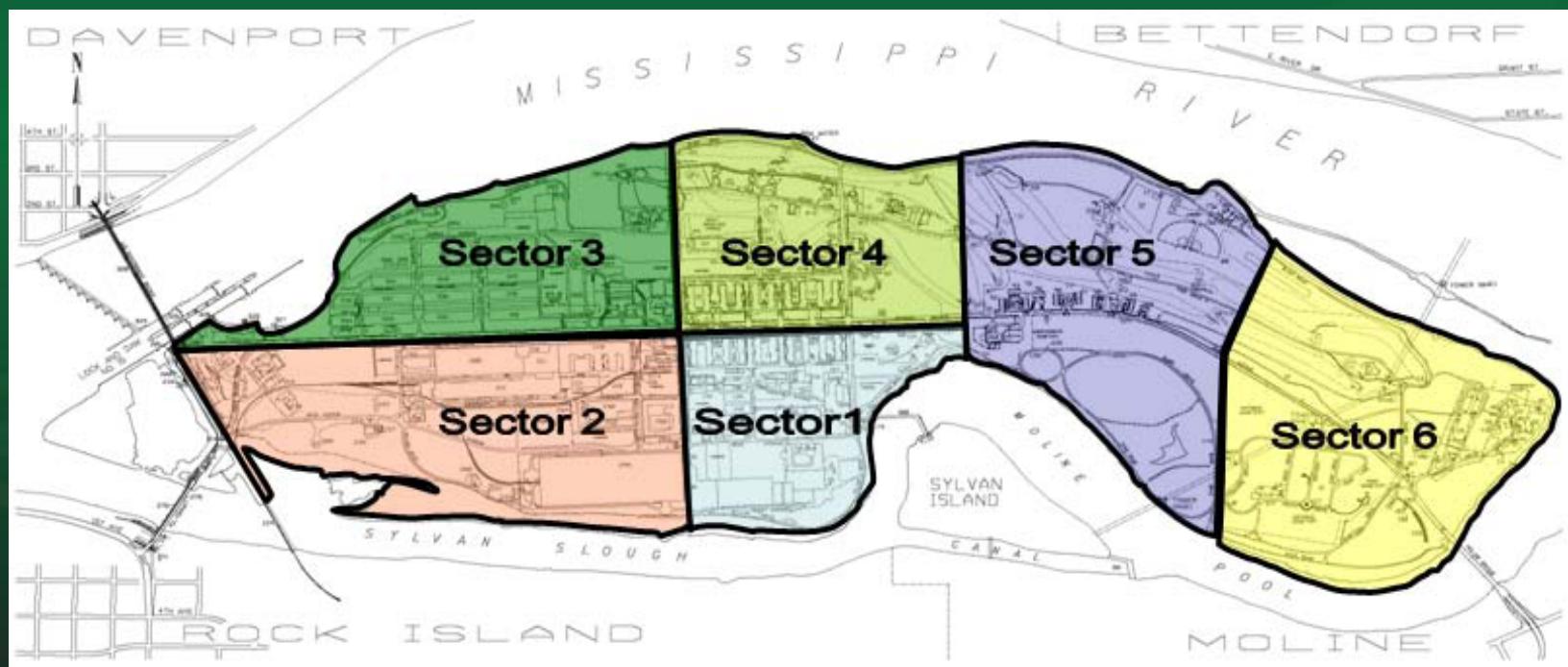
- Hazmat Releases may require personnel decontamination depending on the product.



Personnel who have been contaminated or may have been contaminated will be decontaminated and sent to local hospitals.

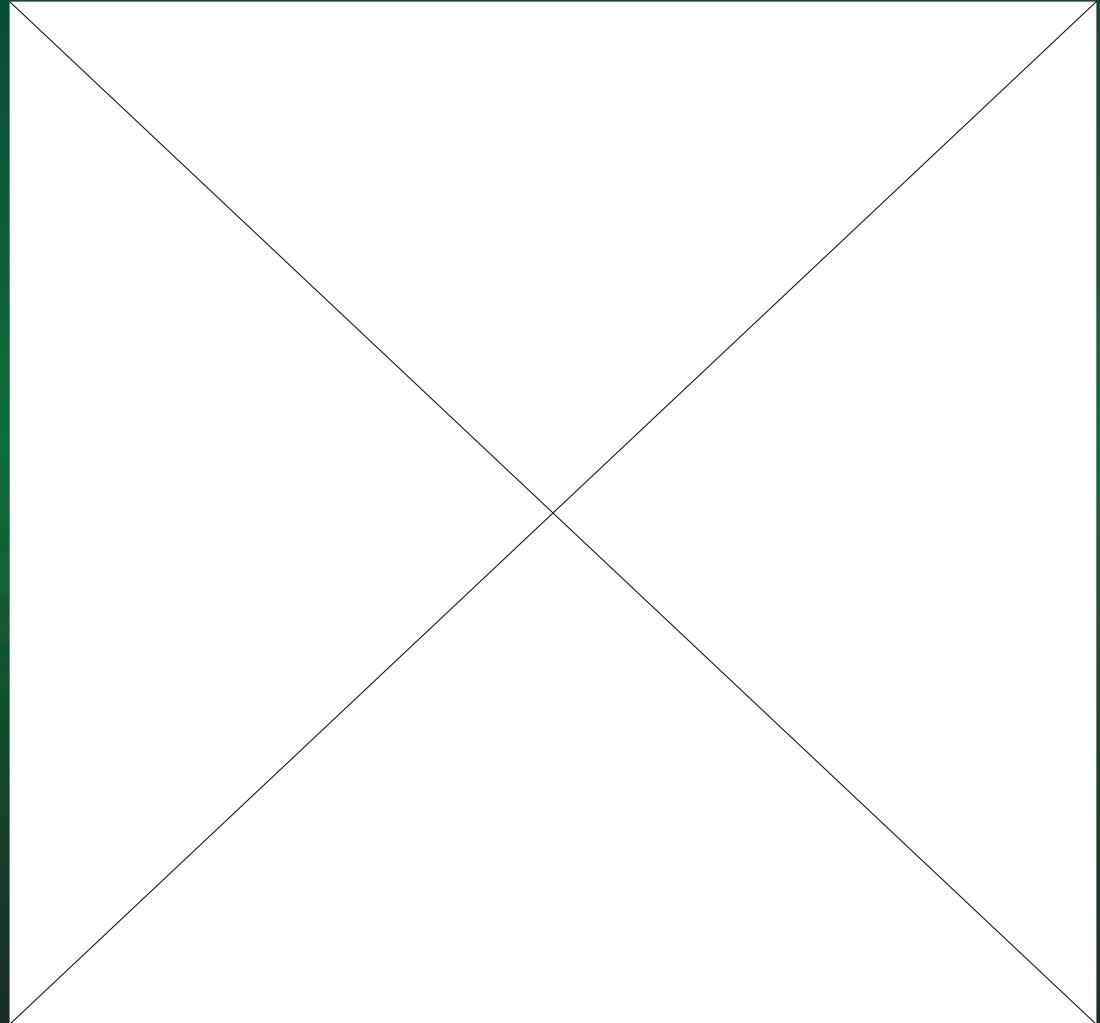
Evacuation.

The Senior Commander and/or Garrison Manager will approve evacuation of the installation based on threat. All organizations will be instructed to have their employees exit the island by sector, per a specified schedule and route in their privately owned vehicles (POV). **Specified route will be relayed via command channels.**



Active Shooter.

- It happens...
 - Run
 - Hide
 - Fight





Office/Organization Plan.

- Organizational plans should follow the Building Evacuation Coordinator/Building Marshal Warden (BEC/BMW) program structure.
- These plans should be specific to your building or organization and include the following at a minimum:
 - Internal communications plans and procedures
 - Storm shelter and Shelter in Place locations and procedures
 - Active Shooter and Evacuation procedures
 - Lockdown procedures
 - Evacuation from building and rally point
 - Evacuation from installation and off post assembly area
 - Power Failure, Medical Emergency, and Bomb Threat / Threatening Phone Call and Suspicious Package Procedures.
 - A process for training, exercising the plans at least annually.

Family Plan.

- Discuss with your family how you will respond to the various types of hazards that may occur in this area.
 - Discuss how to evacuate your home.
 - Discuss how to you will shelter-in-place.
- Develop a communication plan.
 - Make sure to identify an out-of-town contact and that everyone has that number and a way to call.
- Identify a family rally point if something happens during school or work and how to get there.
- Discuss how you will use your emergency kit.
- Practice at least twice a year.

Family Plan.

Family Emergency Plan

Your family may not be together when disaster strikes, so plan what you will do in different situations and plan how you will contact one another.

Family Evacuation Procedure

Where the family will meet near home: _____ Phone (if any): _____
 Alternate meeting place if access to home is blocked: _____ Phone (if any): _____

Family Communications Procedure

- Fill in the information below. Add other important information to suit your family's circumstances.
- Keep this plan with your emergency supplies kit, along with your command's standard and emergency reporting procedures.
- Make sure every family member has the most important contact information for each other.

Where the family spends time

Work:	Work:	School:
Address: _____	Address: _____	Address: _____
Phone: _____	Phone: _____	Phone: _____
Evacuation Location: _____	Evacuation Location: _____	Evacuation Location: _____
School:	Other:	Other:
Address: _____	Address: _____	Address: _____
Phone: _____	Phone: _____	Phone: _____
Evacuation Location: _____	Evacuation Location: _____	Evacuation Location: _____

Contact information

Out-of-Town Contact: _____ Phone: _____ E-Mail: _____ Alternate Phone Number: _____

Family members

Name: _____ Birth Date: _____ Social Security #: _____ Drivers License #: _____ Passport #: _____

Prescriptions/Medical Information: _____

Name: _____ Birth Date: _____ Social Security #: _____ Drivers License #: _____ Passport #: _____

Prescriptions/Medical Information: _____

Name: _____ Birth Date: _____ Social Security #: _____ Drivers License #: _____ Passport #: _____

Prescriptions/Medical Information: _____



Preparedness Phone Apps

One way to keep preparedness in your pocket is to put it on your phone! Here are some links to some useful FREE apps for the tech savvy.

FEMA by Federal Emergency Management Agency: The FEMA App contains preparedness information for different types of disasters, an interactive checklist for emergency kits, a section to plan emergency meeting locations, information on how to stay safe and recover after a disaster, a map with FEMA Disaster Recovery Center locations (one-stop centers where disaster survivors can access key relief services) and Shelters, general ways the public can get involved before and after a disaster, and the FEMA blog. Terms of Use for the FEMA App: <http://www.fema.gov/app>.

First Aid by American Red Cross: Accidents happen. The official American Red Cross First Aid app puts expert advice for everyday emergencies in your hand. Get the app and be prepared for what life brings. With videos, interactive quizzes and simple step-by-step advice it's never been easier to know first aid.

Hurricane by American Red Cross: Be ready for severe weather with Hurricane by American Red Cross. Monitor conditions in your area or throughout the storm track, prepare your family and home, find help and let others know you are safe even if the power is out – a must have for anyone who lives in an area where a hurricane may strike or has loved ones who do.

Shelter Finder by American Red Cross: When disaster strikes know when and where shelters have been opened to provide assistance.

Know Your Plan by the Insurance Information Institute : Provides a comprehensive set of resources and checklists, created by IBHS, consumers can use to help minimize property damage due to severe weather events and other disasters. Users also can build customized checklists, and can share their checklists with family and friends via email.



Here is a list of virtual events you can participate in this month:

- 30 Days 30 Ways- An online preparedness game, prizes available! [Promotional Video](#)
- Free downloadable preparedness book for families
- [News Story](#)
- Free Webinar 26 Sep 1:00pm to 2:00pm: SBA presents
- "Surviving a Crisis, Large or Small: Real Life Lessons Learned"

Be Ready Sunday - Plan / Pledge / Practice

Detailed information on each event is provided in the following slides



30 Days 30 Ways

- This year, Rock Island Arsenal is partnering with the Clark Regional Emergency Services Agency (CRESA) who created this 30-day contest in honor of National Preparedness Month.
- This is an online game that will post one simple task every day at www.30days30ways.com and encourage people to think about various aspects of emergency preparedness. Participants can answer each task either via email, on the website, on Facebook or on Twitter. Each task should take less than 10 minutes to complete (and many will only take 1-3 minutes). All prizes distributed through this game are donated by community members. Anyone can play in any country. This game, in its 3rd year, is hosted by the Clark Regional Emergency Services Agency (CRESA) in Vancouver, Washington
- [GAME RULES](#)
- [PRIZE LIST](#)
- You do not have to complete the task on the day in which it is initially assigned; however, all proofs must be completed and turned in by 11:59 p.m. on 9/30/12 to receive credit¹⁶



Free Preparedness Book

- Authors Janet and Laura Greenwald have pledged to give a free, downloadable copy of their latest book "Get Your Stuff Together" to one million families in America. Their goal is to help raise awareness in light of recent disasters like the Colorado Wildfires, Flooding, Tornadoes and now Hurricane Isaac. In the back of the 200+ page PDF book, readers will find the Grab It And Go Forms and Action Plans that every family needs to deal with emergencies. The book is available at the following link:
<http://www.getyourstufftogether.com/giveaway.htm> now through the end of September. Please pass the word along to your colleagues, organizations and followers to help us make One Million Families safer.



Free Webinar: SBA presents "Surviving a Crisis, Large or Small: Real Life Lessons Learned"

- Sep 26th 1:00pm to 2:00pm

Join the US Small Business Administration and co-sponsor Agility Recovery as we host several businesses who will recount their stories of recovery and the valuable lessons learned from their experiences. Each crisis can teach different lessons as those who respond face events ranging from building fires to hurricanes. A Question & Answer session will follow their riveting stories of survival. This is the final webinar in the month-long National Preparedness webinar series presented by the SBA and Agility. To learn more about the Prepare My Business campaign, visit

<http://www.PrepareMyBusiness.org>

<https://www1.gotomeeting.com/register/880609568>



Be Ready Sunday - Plan / Pledge / Practice

- The mission behind ***Be Ready Sunday*** is to engage faith based organizations from across the United States to take the time to develop and test a Fire Evacuation Plan for their house of worship during the 2012 National Preparedness Month.
- The ***Be Ready Sunday*** initiative has three easy to follow steps that will ensure your house of worship is prepared in the event a fire should occur during worship service.
- As part of the 2012 National Preparedness Month pledge to test your Fire Evacuation Plan by conducting a Fire Drill during worship service on the last weekend of September (Saturday the 29th or Sunday the 30th of September).
- Link: www.BeReadySunday.org



Point of Contact

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